Weekly Activity Tracking Sheet for Success!!

Date:_____ Xocai Week No. _____

Name_____ ID No.: _____

Set your Goals…..Design your Plan and then…Work your Plan!

Exposures:	**Goal**	**Sun**	**Mon**	**Tues**	**Wed**	**Thurs**	**Fri**	**Sat**	**Total**
# Chocolate Samples shared	_____	_____	_____	_____	_____	_____	_____	_____	_____
# Wellness Journals shared	_____	_____	_____	_____	_____	_____	_____	_____	_____
# CD's handed out	_____	_____	_____	_____	_____	_____	_____	_____	_____
# Brochures handed out	_____	_____	_____	_____	_____	_____	_____	_____	_____
# Cards/Lead Info Collected	_____	_____	_____	_____	_____	_____	_____	_____	_____
Sharing the Plan	**Goal**	**Sun**	**Mon**	**Tues**	**Wed**	**Thurs**	**Fri**	**Sat**	**Total**
# One on One Presentation	_____	_____	_____	_____	_____	_____	_____	_____	_____
# Biz Opp Meeting w/Guest	_____	_____	_____	_____	_____	_____	_____	_____	_____
# Exec. Biz Lunch w/Guest	_____	_____	_____	_____	_____	_____	_____	_____	_____
# 3-Way calls	_____	_____	_____	_____	_____	_____	_____	_____	_____
# People sent to a Website	_____	_____	_____	_____	_____	_____	_____	_____	_____
Followed up by Phone	_____	_____	_____	_____	_____	_____	_____	_____	_____
Followed up in Person	_____	_____	_____	_____	_____	_____	_____	_____	_____

Learn to work harder on yourself than you do on your job. ~John Rohn~

Personal Development ***(Number of hours)***	**Goal**	**Sun**	**Mon**	**Tues**	**Wed**	**Thurs**	**Fri**	**Sat**	**Total**
Watched a DVD	_____	_____	_____	_____	_____	_____	_____	_____	_____
Listed to a CD	_____	_____	_____	_____	_____	_____	_____	_____	_____
Read a Book	_____	_____	_____	_____	_____	_____	_____	_____	_____

List Authors or Titles _____

_____

New People Started in Business	**Goal**	**Sun**	**Mon**	**Tues**	**Wed**	**Thurs**	**Fri**	**Sat**	**Total**
# Personally Sponsored	_____	_____	_____	_____	_____	_____	_____	_____	_____
# Team Sponsored	_____	_____	_____	_____	_____	_____	_____	_____	_____
Total New Team Members	_____	_____	_____	_____	_____	_____	_____	_____	_____